

First Aid at Work Annual Update

A half day refresher course as recommended by the Health & Safety Executive.

This aim of this course is to give existing First Aiders an opportunity to practice skills and update their knowledge.



•First Aid & Care Training
•Event Medical Cover
•Equipment Sales
08456 344 599

Who should attend?

This course is for people holding a current Emergency First Aid at Work or First Aid at Work qualification.

Course Content

Delegates will receive training in the following topics: -

- Action at an emergency
- Management of an unconscious casualty
- Cardio Pulmonary Resuscitation
- Assessment and treatment of a casualty who is wounded, bleeding or shocked
- Any changes that may have occurred to First Aid since your initial training

Course Duration

Courses are three hours in duration .

Course Outcome

On successful completion of the course activities and Multiple Choice Question Paper, delegates will receive an Annual First Aid Refresher certificate, which is valid for one year.

Other Options

Book a three day First Aid at Work Course with us and receive your first Annual Update for free!
Please contact us for details.

www.NorthWestFirstAid.co.uk

www.Medics4u.org

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