

# Basic Life Support Course

**This course is a half day course and is for anyone who wants to learn Basic Life Support. This course shows how some simple procedures really can save someone's life.**



•First Aid & Care Training  
•Event Medical Cover  
•Equipment Sales  
**08456 344 599**

## Who should attend?

Anyone wishing to learn the simple skills that really can save someone's life.

## Learning Outcome

Knowledge and practice of Basic Life Support skills.

## Course Content

Delegates will receive training in a range of First Aid topics including: -

- First Aid priorities
- Incident management
- Management of an unconscious casualty
- Cardio Pulmonary Resuscitation

## Course Duration

The course is three hours in duration.

## Assessment & Certification

Assessment is carried out by the trainer throughout the course. On successful completion of the course, delegates will receive a certificate of competence in Basic Life Support which is valid for one year.

## Other Options

Add defibrillator or oxygen training to this course at a discounted rate. Please contact us for details.

[www.NorthWestFirstAid.co.uk](http://www.NorthWestFirstAid.co.uk)

[www.Medics4u.org](http://www.Medics4u.org)

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