

First Aid at Work Course

Health & Safety Executive approved course which complies with the Health & Safety (First Aid) Regulations 1981 to provide the nationally recognised qualification of a workplace First Aider.



•First Aid & Care Training
•Event Medical Cover
•Equipment Sales
08456 344 599

Who should attend?

Anyone wanting to become a workplace First Aider

Learning Outcome

This course will give you the confidence and knowledge to deal with first aid emergencies.

Course Content

Delegates will receive training in a range of First Aid topics.

The list below is by no means exhaustive, but outlines the main topics covered in the course: -

- Aims and principles of First Aid
- Management of the unconscious casualty
- Cardio Pulmonary Resuscitation
- Assessment and treatment of a casualty who is wounded, bleeding or shocked
- Assessment and treatment of fractures, dislocations and soft tissue injuries
- Assessment and treatment of burns, poisoning and eye injuries
- Assessment and treatment of common major and minor illnesses
- Prevention of cross-infection during First Aid procedures
- Legal aspects of First Aid at Work - including the importance of record keeping and the effective use of first aid equipment

Course Duration

Minimum of three days (9.30am – 4.30pm). Onsite courses can be delivered at times to suit you. Please call us with your exact requirements.

Assessment & Certification

Assessment by external assessors will be carried out on the afternoon of the third day. After completing the final assessment successful delegates will receive a H.S.E. approved, nationally recognised First Aid at Work certificate which is valid for 3 years but it is recommended by the H.S.E that delegates attend an annual three hour update session.

Other Options

Add defibrillator or oxygen training to this course at a discounted rate. Please contact us for details.

www.NorthWestFirstAid.co.uk

www.Medics4u.org

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