

# First Aid at Work Course

Health & Safety Executive approved course which complies with the Health & Safety (First Aid) Regulations 1981 to provide the nationally recognised qualification of a workplace First Aider.



- Health and Safety Training
  - Event Medical Cover
  - Equipment Sales
- 08456 344 599**

## Course Content

Delegates will receive training in a range of First Aid topics. The list below is by no means exhaustive, but outlines the main topics covered in the course: -

- Aims and principles of First Aid
- Management of the unconscious casualty
- Basic Life Support
- Assessment and treatment of a casualty who is wounded, bleeding or shocked
- Assessment and treatment of fractures, dislocations and soft tissue injuries
- Assessment and treatment of burns, poisoning and eye injuries
- Assessment and treatment of common major and minor illnesses
- Prevention of cross-infection during First Aid procedures
- Legal aspects of First Aid at Work - record keeping and use of equipment

## Course Duration

Minimum of three days (9.15am – 4.30pm). Assessment by external assessors will be carried out on the afternoon of the third day.

## Course Outcome

On successful completion of the course and final assessment, each delegate will receive the H.S.E. approved, nationally recognised First Aid at Work certificate which is validated for 3 years but is recommended to attend an annual three hour update session.

## Course Cost

In-house - Course delivered onsite at your venue, on a date to suit you.

£1400 per course, max 12 delegates plus VAT - **First Annual Update Session Free!**

Open Course - Attend one of our scheduled courses.

£180 per person plus VAT

## Other Options

Add defibrillator or oxygen training to this course at a discounted rate. Please contact us for details.

[www.NorthWestFirstAid.co.uk](http://www.NorthWestFirstAid.co.uk)

[www.Medics4u.org](http://www.Medics4u.org)

**Riverway House, Morecambe Road, Lancaster, Lancashire, LA1 2RX**

North West First Aid Ltd, 92 Hampsfell Drive, Morecambe, Lancashire LA4 4TP. Registered in England & Wales, Company Number: - 6533549