

Young Life Saver Course

This course is tailored towards young people over the age of ten who want to learn first aid and is ideal for schools, colleges or youth groups.

The course is extremely flexible and can be tailored towards the group.

The topics covered will depend on the age range of the young people.

This is a very practical course which helps engage young peoples minds.



- First Aid & Care Training
 - Event Medical Cover
 - Equipment Sales
- 08456 344 599**

Course Content

Delegates will receive training in a range of First Aid topics, including: -

- Aims and principles of First Aid
- Action at an emergency
- Management of the unconscious casualty
- Cardio Pulmonary Resuscitation (For those over ten years)
- Assessment and treatment of a casualty who is wounded, bleeding or shocked
- Management of a choking casualty

Course Duration

The course duration is six hours.

Course Outcome

Assessment is carried out by the trainer throughout the course.

On completion of the course activities and a multiple choice question paper delegates will receive a certificate which is valid for three years.

Other Options

Book a second course at a reduced rate.